

ROUTE TWO: INTERNSHIP ROUTE'

Our 'Internship Programme' Whether you're a student-athlete or someone passionate about sport in a non-playing capacity, our Internship Programme offers a powerful opportunity to gain real-world experience in a professional football and education environment.

An intern is someone who works in a temporary position with an emphasis on practical experience, training, and career development. At Holbeach United FEA, our interns become essential members of our performance and coaching teams.

We offer specialist internships in the following areas:

- Sports Massage Therapy,
- Performance Analysis,
- Strength & Conditioning Coaching,
- Football Coaching.

Our University Interns must be enrolled on our university degree pathway—this includes our HNC Community Coaching (Level 4), HND Community Coaching (Level 5), Or our BSc (Hons) in Sports Coaching. This is a compulsory requirement, and forms the foundation of our student-athlete model. Interns are contracted to work 6 hours per week, gaining hands-on experience by supporting our college, university, and elite academy squads. You'll work closely with players and staff to support athlete performance, recovery, and development across all levels.

In addition to your core hours, interns will have the opportunity to earn money by offering services to our elite academy players or grassroots athletes during evening sessions. These paid placements are performance-based and are awarded to those who demonstrate commitment, professionalism, and skill throughout the course.

This is more than just a course—it's your launchpad into a career in the sports industry. You will leave our programme as a fully accredited, nationally recognised Level 5 Sports Massage Therapist.